



# The Nutmeg Tree

## MENU



## **LIGHT BREAKFASTS**

### **Traditional Porridge - £7.95**

A large bowl of hot porridge served with either Golden Syrup or brown sugar  
(Add Sultanas or Red Berries for an extra £0.80p)

### **Large Buttered Toasted Teacake - £3.95**

### **Two Buttered Crumpets - £3.95**

### **Two Slices of Buttered Toast (GFA) - £3.60**

### **Plain Croissant with Butter & Jam - £4.85**

### **Sweet Pastries - £3.85 each (See counter selection)**

## **BREAKFAST SANDWICHES & BAGUETTES (add 30p)**

Served with a salad garnish

Bacon OR Sausage - £7.99

Egg & Sausage / Egg & Bacon or Sausage & Bacon £8.95

Egg, Bacon & Sausage - £9.95

Egg Mayo, Avocado & Smoked Salmon - £9.95

### **Breakfast Loaded Panini - £10.95**

Scrambled Eggs, Bacon & Sausage, served with a crispy hash brown and salad garnish

## **LUNCHTIME SANDWICHES OR BAGUETTES (add 30p)**

### **(GF Bread Available)**

(all served with a salad garnish)

Egg Mayo & Cress / Egg Mayo & Tomato

Cheese & Pickle / Cheese & Tomato or Cheese & Coleslaw  
£8.85

Homemade Turkey & Mayo

Brie & Bacon

Coronation Chicken

Bacon, Lettuce & Tomato (B.L.T)

Tuna Mayo

Homemade Ham & Mustard

£9.95

Smoked Salmon & Cream Cheese

Turkey, Bacon, Lettuce, Tomato & Mayo

£10.95

## **TOASTIES OR PANINIS (add 30p)**

(all served with a salad garnish)

Cheese & Ham - £8.99

Cheese & Tomato - £8.85

Turkey, Bacon & Mayo

Stilton & Bacon

Goats Cheese or Halloumi & Onion Chutney

£11.00

Tuna Melt (Tuna Mayo & Cheese)

Mozzarella, Pesto & Tomato

Bacon, Brie & Cranberry

## ALL DAY BREAKFASTS

### Nutmeg Special

Macs farm eggs served poached or scrambled, two rashers of smoked bacon, sausage, mushrooms, grilled tomatoes, Heinz beans, fried bread & a crispy hash brown, served with 2 slices of toast, a preserve (marmalade or jam) and a pot of tea or coffee of your choice.

£17.95

### Full English

Macs farm eggs served poached or scrambled, two rashers of smoked bacon, sausage, fried bread, mushrooms, Heinz beans, grilled tomatoes and a slice of buttered toast

£13.95

### Small English

Macs farm egg served poached or scrambled, one rasher of smoked bacon, sausage, fried bread, Heinz beans, grilled tomato and a slice of buttered toast

£10.95

### Vegetarian

Macs farm eggs served poached or scrambled, mushrooms, potato waffle, Heinz beans, grilled tomatoes, veggie sausage (Ve) OR halloumi (V) and a slice of buttered toast

£13.50

**(Vegan Breakfast - add avocado instead of Egg/vegan butter used)**

### Ulster Platter

Potato waffles topped with poached eggs & two rashers of smoked bacon

£10.99

### Nutmeg Crumpet Stack

Two delicious crumpets stacked with cheese and bacon, topped with a poached Macs Farm egg and Hollandaise Sauce. Served with a crispy hash brown and garnish.

£11.50

**(Vegetarian Option - add avocado OR halloumi instead of bacon)**

### Eggs Benedict

Toasted muffin served with either

Two rashers of smoked bacon/smoked salmon or mushrooms and topped with two Macs Farm poached eggs & a creamy Hollandaise sauce

Mushroom - £10.99 / Bacon - £11.99 / Salmon - £13.99

### Smashed Avocado & Macs Farm Eggs on Sourdough

£11.65

Served with a cherry tomato garnish & drizzled with a balsamic glaze  
(Add two rashers of smoked bacon OR smoked salmon for an extra £3.00)

### Macs Farm Eggs on Toast

£8.65

(Add two rashers of smoked bacon OR smoked salmon for an extra £3.00)

Heinz Beans/Grilled Tomatoes or Mushrooms on Toast - £7.99

### Extra's

Sausage, Mushrooms, Rasher of Bacon, Potato Waffle, Avocado £1.50

Egg, hash brown, grilled tomatoes or fried bread slice £0.99p

Smoked Salmon or Halloumi £3.00

Preserves; Strawberry, Raspberry, Marmalade, Honey £1.60

**GLUTEN FREE / DAIRY FREE BREAKFAST OPTIONS AVAILABLE**

## COLD LUNCHESES & JACKET POTATOES

### Nutmeg Ploughman's (GFA/V/DFA)

Choose from Fine Stilton OR Cheddar £13.65  
Homecooked Ham OR Sausages (GFA) £13.99

A delicious plate of goodness! Assorted pickles, coleslaw, apple, potato crisps, mixed salad & a warm baguette with butter

### English Plate (GFA/DFA)

Slices of Homecooked Turkey Breast & Ham served with coleslaw, potato salad, a mixed salad and warm baguette with butter

£14.75

### Smoked Platter (GFA/DFA)

Smoked Salmon & Avocado served with coleslaw, potato salad, a mixed salad and Granary bread & butter

£14.75

### Halloumi Salad (V/GFA)

Halloumi served with a mixed salad, sundried tomatoes, fresh tomatoes, olives & a balsamic dressing

£13.85

### Coronation Chicken Salad (GF/DF)

Homecooked Chicken, apple, celery & curry mayonnaise served on a bed of salad (Please note the sauce may contain nuts/peanuts)

£13.85

### Goat Cheese Salad (V/GFA)

Warm Goats Cheese, beetroot & walnuts served on a bed of mixed salad and drizzled with a balsamic glaze and a scattering of pink peppercorns + half a baguette

£13.95

## JACKET POTATOES

Served with a salad garnish

With Butter £8.00

With Cheese & Pickle / Cheese & Coleslaw / Cheese & Beans or Egg Mayo £8.99

With Tuna Mayo / Stilton & Bacon / Bacon & Egg Mayo or Sausage & Beans - £10.99

With Smoked Salmon & Cream Cheese OR Coronation Chicken - £11.50

### Extras to Accompany any Meal

Potato Crisps £1.30

Chips Or Sweet Potato Fries £4.65 (add cheese for an extra £1.00)

Warm Baguette with Butter £1.95

Portion of Coleslaw or Potato Salad £2.25

V - Vegetarian / Ve - Vegan

GF - Gluten Free / DF - Dairy Free

DFA - Dairy Free Option Available

GFA - Gluten Free Option Available

## HOT LUNCH MENU

### Scampi, Chips & Peas (DF)

(served with a tartare sauce & lemon wedge)

£14.25

### Fishfinger Burger (DF)

Fishfingers, lettuce, tomato, tartare sauce & mayonnaise served in a brioche bun with chips or sweet potato fries and a salad garnish

£13.99

### Stacked Beef Burger with Bacon & Cheese

Served in a brioche bun with lettuce, tomato, mayonnaise & caramelised onion chutney with chips or sweet potato fries and a salad garnish

£14.99

### Halloumi Burger (V)

Deep fried Halloumi, caramelised onion chutney, mayonnaise, lettuce & tomato served in a brioche bun with chips or sweet potato fries and a salad garnish

£14.65

### Spinach & Falafel Burger (V/Ve/DF)

Served in a brioche bun with vegan mayonnaise, lettuce and tomato with chips or sweet potato fries and a salad garnish

£14.50

### Large Steak Pasty

Served with chips or sweet potato fries & Heinz beans or a mixed salad (Vegan Pasty Option available - contains Soybeans, Wheat, Cereal & Barley)

£14.99

## OUR FAVOURITES!

### Homecooked Ham, Egg & Chips (DF)

£13.99

### Welsh Rarebit (V)

(Contains wheat & mustard)

Two delicious slices served with a salad garnish

£12.50

**(Top with two poached eggs OR two smoked bacon rashers £3.00)**

**(Top with mushrooms & grilled tomatoes for an extra £2.70)**

### Plain Large Omelette (V/GFA) 3 eggs

**(Add Cheese, Mushroom or Ham for an extra £1.50 each)**

Served with either chips or sweet potato fries and a mixed salad OR replace the chips for a large salad (incl. coleslaw and potato salad)

£13.25

### Homemade Quiche of the Day

Our delicious Quiche served with chips or sweet potato fries and a mixed salad OR replace the chips for a large salad (incl. coleslaw and potato salad)

£14.85

## NUTMEG SUNDAY ROASTS

**(Please note: No roasts are served during Summer Months)**

Turkey OR Pork (GFA/DFA)

Homemade Nut Roast (V/Ve/DFA)

£18.50 (Smaller portion available £16.50)

## **AFTERNOON TEA EXPERIENCES**

**(All prices are per person)**

### **CREAM TEA**

Two Homemade Scones (Fruit or Plain) with clotted cream & jam served with a pot of Tea or a Coffee of your choice

£9.85

### **MALTY TEA**

(Contains Wheat & Mustard)

One slice of our delicious Welsh Rarebit served with a salad garnish, followed by a selection of four delicate pieces of homemade cake and served with a pot of Tea or Coffee of your choice

£14.25

### **SANDWICH CREAM TEA**

(Pre-booking recommended)

A Selection of finger sandwiches

(Cheese & Tomato, Ham, Cream Cheese & Cucumber & Egg Mayo & Cress)

Homemade Scone (Fruit or Plain) with clotted cream & jam and a delicate slice of cake

Served with a pot of Tea or a Coffee of your choice

£15.25

### **FULL AFTERNOON TEA**

(Must be pre-booked - deposit required)

A Selection of finger sandwiches

(Cheese & Tomato, Ham, Cream Cheese & Cucumber & Egg Mayo & Cress)

Two mini savoury bites

Homemade Scone (Fruit or Plain) served with clotted cream & jam

Two delicate sponge cakes

A delicious dessert pot & mini-Macaron

Served with a pot of Tea or Coffee of your choice

£25.00

### **LUXURY FULL AFTERNOON TEA**

(Must be pre-booked - deposit required)

A Luxury Selection of finger sandwiches

(Coronation Turkey, Smoked Salmon & Cream Cheese, Egg Mayo & Cress & Ham & Dijon Mustard)

Three mini savoury bites

Homemade Scone (Fruit or Plain) with clotted cream & jam

Two delicate sponge cakes

A delicious dessert pot & mini-Macaron

Served with a pot of Tea or Coffee of your choice

And a glass of Prosecco or Sparkling Elderflower

£32.00

### **HOMEMADE SCONES**

One Homemade Scone with clotted cream & jam £4.95

- Cheese Scone served warm with butter £4.00

- Homemade Scone (fruit or plain) served warm with butter £4.00

**OUR CAKES - PLEASE SEE OUR CAKE CABINET - ALL OUR CAKES ARE HOMEMADE!**

Prices range from £4.15 - £4.75

**ADD SOME SPARKLE TO YOUR AFTERNOON TEA WITH  
A MINI BOTTLE OF PROSECCO - £8.75 OR A LARGE BOTTLE £28.00**

**\*VEGETARIAN & GLUTEN FREE OPTIONS AVAILABLE\***

(Please note: We do our best to minimise cross-contamination; however, as our kitchen handles gluten, we cannot guarantee that our afternoon tea is suitable for coeliac guests.)



## CHILDREN'S MENU

FISH FINGERS & CHIPS  
CHICKEN NUGGETS & CHIPS  
TWO SAUSAGES & CHIPS  
SCAMPI & CHIPS

(Served with either Heinz Beans or Peas)

£7.65

SMALL ROAST DINNER £13.00

SCRAMBLED EGGS or BEANS ON TOAST £6.85

## DRINKS MENU

### TEAS

(A REFRESHING POT OF TEA FOR ONE CONTAINING THE 'MAKINGS OF TWO CUPS')

Served with either Milk or Lemon

POT FOR ONE - £3.70      POT FOR TWO - £6.50

- ENGLISH BREAKFAST - A special blend of Indian & Ceylon Teas, brisk & full bodied  
EARL GREY - A classic blend of finest China & Indian tea scented with Oil of Bergamot  
DARJEELING - The "Champagne" of Teas, rounded & mellow  
ASSAM - from the foothills of Northern India, strong & refreshing  
CEYLON TEA - A golden liquor with a fine light bouquet  
CHINA ROSE TEA - delicate, aromatic Chinese tea with fragrant rose petals  
GREEN TEA or JASMINE GREEN TEA - light, fresh and earthy  
LAPSANG SOUCHONG - A Chinese Black Tea with bold, smoky aroma & flavour

### HERBAL TEAS

**(Totally natural - low in calories and caffeine free)**

- CHAMOMILE - Made from dried daisy-like flowers - calming and refreshing  
DECAFFINATED TEA - refreshing and delicious but without the caffeine  
PEPPERMINT TEA - a refreshing minty tea made from Mentha Piperita leaves  
LEMON & GINGER - a healthy and aromatic tea to keep you healthy!  
RED BERRY TEA - Known for its vibrant red colour, tart-sweet flavour & high Vitamin C

### COFFEES & HOT CHOCOLATES

Espresso - £2.99      Double Espresso - £3.60      Macchiato - £3.70  
Americano - £3.80      Latte - £3.85      Cappuccino - £3.85      Flat White - £3.75  
Pot of Coffee for One (enough for 2 cups) - £4.80

Hot Chocolate (served in a jug) - £4.35  
Luxury Hot Chocolate with Cream & Marshmallows - £4.85

Milk Alternatives (Oat or Soya) - add £0.35p  
Extra Shot of Coffee - £0.80p  
Extra Shot of Syrup (please ask for flavours) £0.65p

### COLD DRINKS

Iced Coffee - £3.60

Frobishers Apple OR Orange Juice - £3.45  
Fentimans - Traditional Lemonade/Ginger Beer/Rose Lemonade/Sparkling Elderflower - £3.85  
Coke / Diet Coke Bottle - £3.70  
Bottle of Still OR Sparkling Water - £2.99  
Tonic Or Soda Water - £2.99 (add a shot of lime cordial £0.35p)  
Glass of Chilled Milk - £1.99

### THE FUN ONES

"Old fashioned Milkshake" (Strawberry, Banana, Chocolate, Vanilla or Caramel)  
(add cream on top for an extra £0.30p)  
£5.50

"Freakshake" - any flavour of our milkshakes topped with squirty cream,  
syrup & chunks of our homemade chocolate brownie  
£6.50

"Ice Cream Float" - Choose a fizzy drink and add a scoop of Vanilla ice cream  
£4.99

## ALCOHOL MENU

### WINE & BEERS

French House Wine  
Dry White/Medium Dry White  
Rose or Red

By the glass  
Large (250ml) £7.99  
Medium (175ml) £6.99  
Small (125ml) £6.25

By the Bottle      £25.00

White Wine Spritzer      £6.99

Mini Bottle of Prosecco £8.75  
Large Bottle of Prosecco - £28.00

### BEERS & ALES

Bottle of Peroni      £5.25  
Bottle of 0% Peroni      £5.25  
Bulmers Cider      £5.95  
Spitfire Ale      £5.50  
Harveys Best Bitter      £5.99

### SPIRITS & MIXERS

Ditchling Gin & Tonic      £6.95  
Pimms & Lemonade      £6.95

35ml shot of Ditchling Fling (-toffee vodka) on ice      £3.50

# TAKE AWAY MENU

## SANDWICHES / TOASTIES

**Or served in a baguette/panini for an extra £0.30p**

Sausage, Bacon & Egg ~ £8.25

Bacon OR Sausage ~ £7.25

Bacon & Sausage Sandwich ~ £7.85

Bacon & Egg Sandwich ~ £7.50

Sausage & Egg ~ £7.65

B.L.T (Bacon, Lettuce & Tomato) ~ £7.60

Cheddar Cheese & Tomato OR Pickle £6.99

Free Range Egg Mayo & Cress Sandwich ~ £6.99

Tuna Mayo & Cucumber - £7.60

Halloumi Cheese & Onion Marmalade ~ £7.85

Tuna Melt (Tuna mayo & Cheese) ~ £7.95

Cheddar Cheese & Ham ~ £7.65

Smoked Salmon & Cream Cheese ~ £8.75

## BURGERS

**(All served in a brioche bun with Lettuce & Tomato)**

Beef Burger with Cheese, Bacon & Mayo & Caramelized Onion ~ £8.85

Fishfinger Burger with Mayo & Tartare Sauce ~ £8.00

Halloumi Burger with Mayo & Caramelized Onion ~ £8.65

Portion of Chips ~ £3.99

Cheesy Chips ~ £4.99

## JACKET POTATO

With Butter ~ £6.99

With Cheese & Pickle, Cheese & Coleslaw, Cheese & Beans ~ £7.80

With Tuna Mayo or Cheese & Bacon ~ £8.50

Bacon & Egg Mayo OR Beans & Sausage ~ £8.65

Stilton & Bacon ~ £8.65

Smoked Salmon & Cream Cheese ~ £8.85

**Soup ~ £5.00 or with a Baguette ~ £6.50 (Winter Months Only)**

## HOT DRINKS

Double Espresso ~ £2.60      Americano ~ £3.50

Latte / Cappuccino / Flat White ~ £3.65

Chai Latte / Hot Chocolate ~ £3.80

Luxury Hot Chocolate ~ £3.99

Iced Coffee ~ £3.65

Alternative Milk add an extra £0.30p

Add extra shot of coffee £0.70p or syrup for an extra £0.50p

**SEE INSIDE OUR SHOP FOR A  
SELECTION OF COLD DRINKS,  
SNACKS & HOMEMADE CAKES**



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